SUICIDE: NORTH CAROLINA 2017 FACTS & FIGURES

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
North Carolina	1,406	13.39	36
Nationally	44,193	13.26	

Suicide is the **11th leading** cause of death overall in North Carolina.





On average, one person dies by suicide every six hours in the state.

Based on most recent 2015 data from CDC



Suicide cost North Carolina a total of \$1,358,735,000 of combined lifetime medical and work loss cost in 2010, or an average of \$1,157,355 per suicide death.

IN NORTH CAROLINA, SUICIDE IS THE...

2nd leading

cause of death for ages 15-34

3rd leading cause of death for ages 10-14

4th leading cause of death for ages 35-54

8th leading

cause of death for ages 55-64

16th leading cause of death

for ages 65 & older

Over twice as many people die by suicide in North Carolina annually than by homicide; the total deaths to suicide reflect a total of **25,842** years of potential life lost (YPLL) before age 65.







SUICIDE PREVENTION PROGRAMS AND INITIATIVES

- North Carolina's Youth Suicide Prevention Task Force is led by the Division of Public Health's Injury and Violence Prevention Branch. Current activities include a communications campaign, operating a Youth Advisory Council, creating an online suicide prevention training module for public school teachers, contributing to the 2015 N. C. Suicide Prevention Plan and collaborating on a 2015 state suicide prevention summit. Past grant activities included gatekeeper trainings in school districts with a focus on the military, the justice system and mental health providers and development of a school staff workshop to increase support for LGBTQ youth in schools. Visit http://www.itsok2ask.com/aboutUs/default.aspx.
- The 2015 N.C. Suicide Prevention Plan is the result of a collaborative 16-month process among staff members from the Division of Public Health-Injury and Violence Prevention Branch, the University of North Carolina Gillings School of Global Public Health's Department of Health Behavior, and the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (DMH/DD/SAS). The plan provides community-based strategies to prevent suicide and covers the lifespan. Visit http://www.sprc.org/sites/default/files/2015-NC-SuicidePreventionPlan-2015-0505-FINAL.pdf.
- North Carolina's Division of Mental Health, Developmental Disabilities and Substance Abuse Services has implemented the Crisis Solutions Initiative in order to decrease emergency department visits for mental health issues. Visit http://crisissolutionsnc.org/ for more information.

GET INVOLVED

The AFSP North Carolina Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. For more information or to volunteer, please contact:

AFSP - NORTH CAROLINA

northcarolina@afsp.org

BECOME AN ADVOCATE IN NORTH CAROLINA

AFSP's North Carolina advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact:

Nicole Gibson

Director of State Policy & Grassroots Advocacy ngibson@afsp.org

LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has local chapters in all 50 states

