



PROCLAMATION

PANDAS/PANS Awareness Day

WHEREAS, PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections) is the sudden onset of OCD (Obsessive-Compulsive Disorder) often displayed as severe anxiety and emotional disturbances in addition to two or more of the following symptoms; tics or other abnormal movement, severe separation anxiety, generalized anxiety, irritability, emotional lability, aggression, personality changes, ADHD, inability to concentrate, sensory sensitivities, deterioration in learning abilities and school performance, developmental and age regression, sleep and nighttime difficulties, and /or urinary frequency or daytime/nighttime secondary enuresis; and

WHEREAS, PANS (Pediatric Acute-onset Neuropsychiatric Syndrome) is similar to PANDAS in terms of presentation; however, it consists of a broader list of possible triggers, not only strep. Triggers may include any preceding infections including Mycoplasma Pneumonia, Mono, Lyme, viruses, and more; and also acute-onset non-infectious triggers, such as environmental and metabolic. PANS criteria varies slightly from the PANDAS. The working criteria for PANS is abrupt, dramatic onset of OCD or severely restricted food intake, concurrent presence of additional neuropsychiatric symptoms, with similarly severe and acute onset and symptoms are not better explained by a known neurologic or medical disorder; and

WHEREAS, while the true prevalence of PANDAS/PANS is yet to be known, a conservative estimate is 1 in 200 children are impacted; PANDAS/PANS is likely as common as illnesses like Pediatric Cancer, Pediatric Diabetes and ALS, and can seriously affect the healthy outcome of a child's life, yet funding and awareness of PANDAS/PANS is scarce; and

WHEREAS, the organizations such as PANDASNETWORK.org and PANS Research and Advocacy Initiative are dedicated to advocating on behalf of youth with PANDAS/PANS by providing emotional and social support to families, raising community awareness, and investing in data-driven research.

NOW, THEREFORE, I, Mayor Rusty Knox of the Town of Davidson, do hereby proclaim that Tuesday, October 9, 2018 will be recognized as "**PANDAS/PANS AWARENESS DAY**" in the Town of Davidson, as a special day to raise awareness about this health issue and available treatment options.

Proclaimed this the 9th day of October 2018.

Rusty Knox, Mayor