



Sources of Strength: A Resolution Designating the Town of Davidson, North Carolina a Community of Resilience

To: Davidson Board of Commissioners
From: Kathryn Spatz, Parks & Recreation Director
Date: May 28, 2019
Re: Sources of Strength: A Resolution Designating the Town of Davidson, North Carolina A Community of Resilience

1. OVERVIEW

Hough High School adopted Sources of Strength, a Suicide Prevention Resource Center (SPRC) and Substance Abuse and Mental Health Services Administration (SAMHSA) evidence-based suicide prevention initiative designed to work upstream from crisis to a place of building coping skills and resilience, this academic year in response to several students in crisis.

The Town of Davidson and Davidson LifeLine have worked very closely together since Davidson LifeLine's inception in 2012 and both have key partners eager to be involved in the initiative (e.g. Town of Davidson Police, Town of Davidson Economic Development, faith communities, 5 area high schools, various non-profit organizations, Davidson College).

2. RELATED TOWN GOALS

Core Value: The Physical, social, and intellectual well-being of Davidson citizens is fundamental to our community, so town government will provide and encourage enjoyable, safe, and affordable and cultural lifelong learning opportunities.

Partnerships: The Town of Davidson will build on existing relationships to strengthen partnerships with strategic organizations and institutions.

The Town of Davidson will increase physical and mental health of Davidson citizens. Improve neighborhood parks.

3. OPTIONS/PROS & CONS

Pros: this is the next step in reaching out to our citizens.

4. FYI or RECOMMENDED ACTION

Staff recommends adoption of the resolution.

5. NEXT STEPS

The Parks and Recreation Department representative on Davidson LifeLine Board of Directors will begin serving as the Community of Resilience town lead.